

Welcome!

Thanks for joining the **Therapeutic Landscapes Conference 2021**.



All session times below are in Australian Eastern Standard Time (EST).

Session 1 | 9.00 – 11.00am EST

9.00 – 9.15am EST	Conference Opening and Welcome Acknowledgement of Country Presented by THA President, Tara Graham – Cochrane Sponsor Spot – Seasol (Live Hello)
9.15 – 10:10am	KEYNOTE: Places of Connection, Rest & Restoration Presented by Allison Williams, Professor, School of Earth, Environment & Society, McMaster University
10:10 – 11am	Mapping Therapeutic Horticulture across Australia Survey Results Presented by THA Vice President, Kate Neale

Morning Tea | 11.00 – 11.30am EST

Grab a cuppa and join others for a networking session

Networking Breakout Session 1	Networking Breakout Session 2	Networking Breakout Session 3	Networking Breakout Session 4
Therapeutic Horticulture in Mental Health	Therapeutic Horticulture for Disabilities	Therapeutic Horticulture in Aged Care	Design and Therapeutic Horticulture

Session 2 | 11.30 – 1:30pm EST

11.30 – 12.30pm	KEYNOTE: “What Needs to be Restored to (Re)create a Healthier Urban Landscape? –Lessons from Tropical Nature” Presented by Simon Morrison, Co-founder and Director, Field Labs
12.30-1.30pm	Panel Discussion Developing a Teaching and Learning Framework for Therapeutic Environments in Australia Presented by Dr Kate Lee, Dr Sara Barron, A/Prof John Rayner, School of Ecosystem & Forest Sciences, University of Melbourne



Lunch | 1.30 – 2pm EST

1.30-2pm	Stretch your legs, enjoy some lunch or watch THA Conference on Demand content
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Session 3 | 2.00 – 3.00pm EST

Workshop 1	Introduction to Mindfulness in the Garden Presented by Emma Lewellyn , Horticultural Therapist, Adelaide Botanic Gardens (20mins)
Workshop 2	Weaving Occupational Therapy into Horticulture Presented by Peter Petrov , Occupational Therapist, Kevin Heinz Grow (30mins)
Workshop 3	Back to Our Senses: An abridged forest bathing and nature therapy session Presented by Amy Baker , Nature and Forest Bathing Guide (60mins)
Workshop 4	Creating and engaging with Restorative Landscapes through Go Slow for a Mo Presented by Ross Wissing , Waminda Parker and Miles Holmes (60mins)
Workshop 5	Laying the foundations for successful Therapeutic Horticulture sessions Presented by Rebecca Taylor , Social Ecologist, Wyld Work Projects (60mins)
Workshop 6	Kinship Collective: Healing, Restoration, Prevention, Preparedness Presented by Fran Castro , Mental Health Occupational Therapist and Daryl Taylor , Kinship Collective Founder and Kinship Designer (60mins)

Session 4 | 3.00 – 4.30pm EST

3.05-4.20pm	Keynote: The Well-Gardened Mind Presented by Sue Stuart Smith, psychiatrist, psychotherapist and author of The Well Gardened Mind
4.20 – 4.30pm	Conference Wrap up Presented by THA President, Tara Graham – Cochrane Sponsor Spot - Vegepod (Live Hello)

THA Drinks & Networking | 4.30pm EST

4.30pm -5:15pm	Online Networking Drinks Join us to celebrate the end of a great conference with fun and games and more networking
5:30pm onwards	Blind-date guerrilla renegade pop drinks Get to a local pub, let others know when and where you'll be and then meet up for a drink. We can't meet up in person collectively this year, but that's not to say we can't at least try to meet up somehow!!! THA cocktail parties are very well known as the best in the business so we hope you'll create your own and still have some fun!